



Directions to the FNIH

The FNIH is located on the sixth floor of 11400 Rockville Pike, on the west side of Maryland Route 355, approximately two miles north of the Washington Beltway (I-495) and three miles north of the National Institutes of Health Campus.

Driving:

From I-270 South: Take the northern route of the I-270 split toward Silver Spring/College Park. Take Exit 1/Rockledge Dr. toward MD-187/Old Georgetown Rd. Continue through the traffic light at Rockledge and turn left onto Old Georgetown Road. After about a mile, turn right at the light onto Nicholson Lane. Take the first right onto Executive Blvd. Turn right on Woodglen Drive and left on Security Lane. The FNIH is located on the left.

From I-495 South (College Park): Take the Wisconsin Avenue, (MD 355) exit. Stay in the right lane and follow the road signs for northbound traffic onto Wisconsin Avenue (Rockville Pike). You will be brought to an intersection with Wisconsin/Rockville Pike; turn right to proceed north and after approximately 1.8 miles, turn left on Security Lane. The FNIH is located on the right.

From I-495 North (Northern Virginia): Past the River Road exit, stay to the left and exit onto 270 North towards Rockville. Take Exit 1/Democracy Boulevard and stay to the right on the ramp for Democracy Blvd. East toward MD-187/Old Georgetown Rd. At the fourth traffic light where Democracy Blvd. comes to an end, turn left onto Old Georgetown Road. After about a mile, turn right at the light onto Nicholson Lane. Take the first right onto Executive Blvd. Turn right on Woodglen Drive and left on Security Lane. The FNIH is located on the left.

Parking:

Metered parking is available on both sides of Security Lane. Paid parking is also available in the garage accessible from Security Lane. The maximum cost is \$10 for the entire day, and credit cards are accepted.

Public Transportation:

Metrorail: 11400 Rockville Pike is located along the Metro Red Line between the Grosvenor-Strathmore and White Flint stations.

White Flint Metro is located 1/2 mile from the office. Exit the station and take the tunnel to the west side of Maryland Route 355 (Rockville Pike). Cross Marinelli Road (south - towards McDonald's) and continue walking approximately 1/2 mile to Security Lane. Turn right. We are located in North Bethesda I near the intersection of Rockville Pike and Security Lane.



Bus: The nearest Ride-On bus stop is located on the west side of Rockville Pike at Rockville Pike/Edson Lane. Buses from the White Flint Metro to 11400 Rockville Pike are RideOn Bus # 5 (Silver Spring) and # 46 (Medical Center).